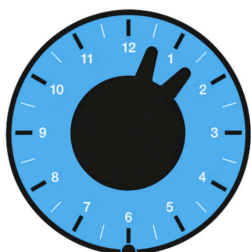


SPINPRO SETTINGS

LEFT HANDED

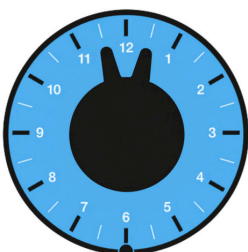
GROUNDSTROKES

1:00



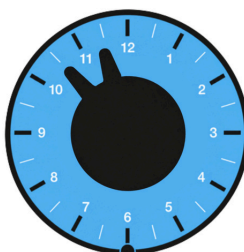
HIGH TOPSPIN FH

12:00



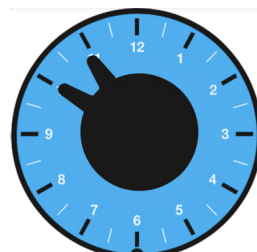
**TOPSPIN FH & BH
LOB FH & BH**

11:00



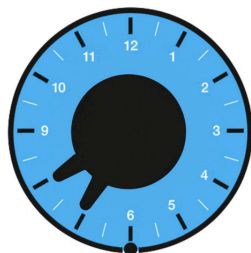
HIGH TOPSPIN BH

10:30



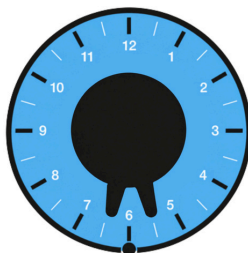
BANANA FH

7:30



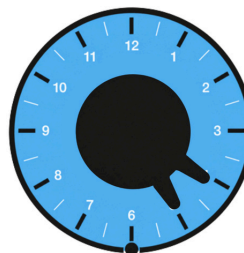
LOW SLICE BH

6:00



SLICE FH & BH

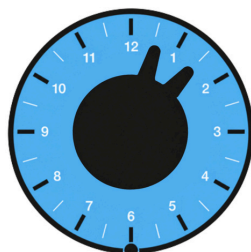
4:30



HIGH SLICE BH

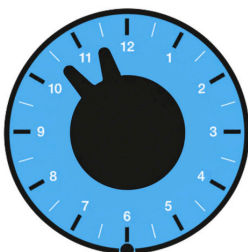
VOLLEYS

1:00



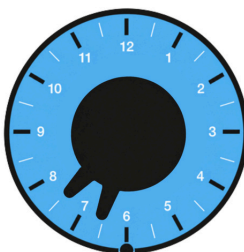
FH DRIVE VOLLEY

11:00



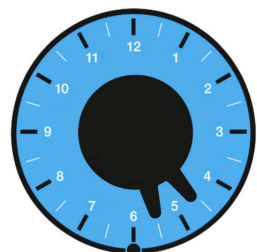
BH DRIVE VOLLEY

7:00



FH VOLLEY

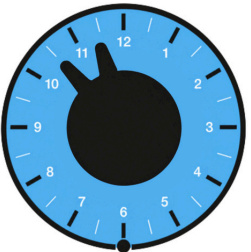
5:00



BH VOLLEY

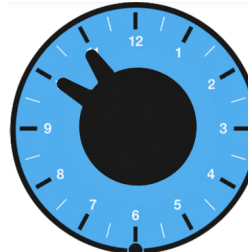
SERVES

11:00



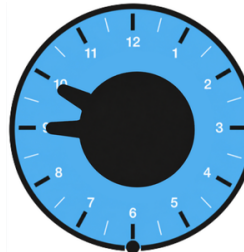
KICK SERVE

10:30



SLICE SERVE

9:30



BASIC SERVE