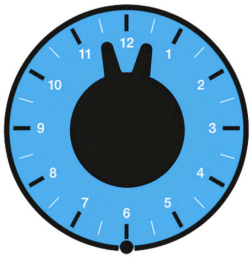
PICKLEBALL SPINPRO
RIGHT HANDED SETTINGS

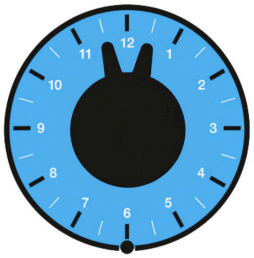
GROUNDSTROKES

12:00



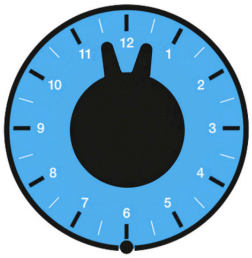
TOPSPIN FH & BH

12:00



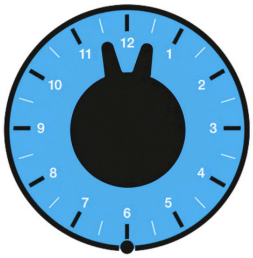
TOPSPIN FH & BH DINKS

12:00



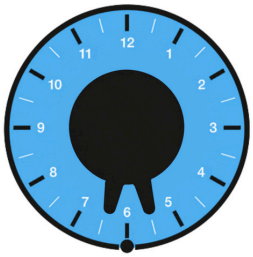
TOPSPIN FH & BH DROPS

12:00



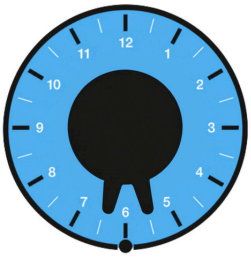
TOPSPIN FH & BH LOB

6:00



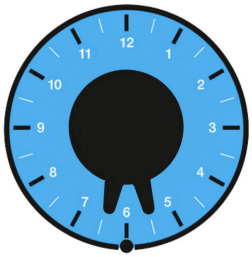
SLICE FH & BH

6:00



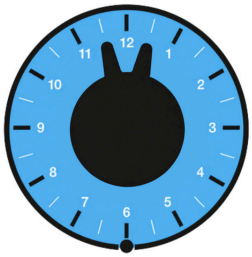
SLICE FH & BH DINKS

6:00



SLICE FH & BH DROPS

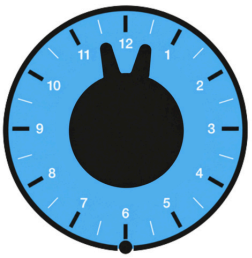
12:00



TOPSPIN FH & BH DRIVES

VOLLEYS & SERVES

12:00



TOPSPIN FH & BH VOLLEY

11:00



HIGH TOPSPIN FH VOLLEY

1:00



HIGH TOPSPIN BH VOLLEY

5:00



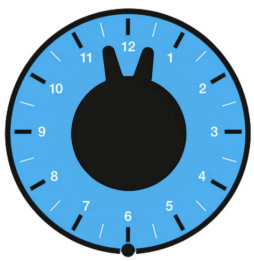
FH PUNCH VOLLEY

7:00



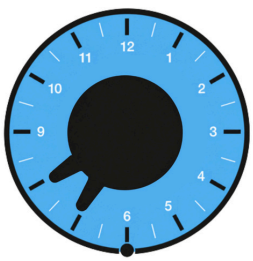
BH PUNCH VOLLEY

12:00



TOPSPIN SERVE

7:30

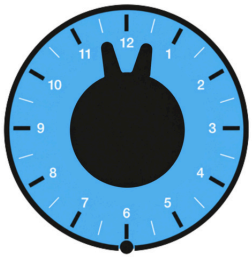


SLICE SERVE

PICKLEBALL SPINPRO
LEFT HANDED SETTINGS

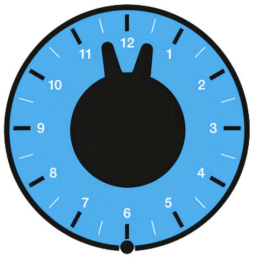
GROUNDSTROKES

12:00



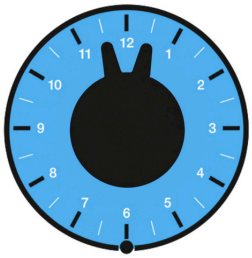
TOPSPIN FH & BH

12:00



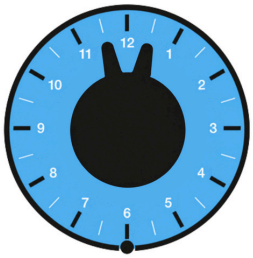
TOPSPIN FH & BH DINKS

12:00



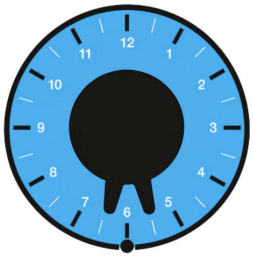
TOPSPIN FH & BH DROPS

12:00



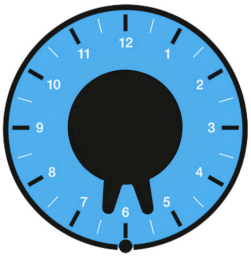
TOPSPIN FH & BH LOB

6:00



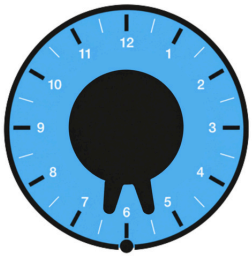
SLICE FH & BH

6:00



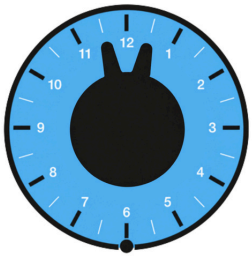
SLICE FH & BH DINKS

6:00



SLICE FH & BH DROPS

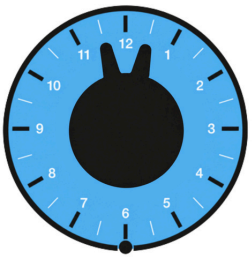
12:00



TOPSPIN FH & BH DRIVES

VOLLEYS & SERVES

12:00



TOPSPIN FH & BH VOLLEY

11:00



HIGH TOPSPIN BH VOLLEY

1:00



HIGH TOPSPIN FH VOLLEY

5:00



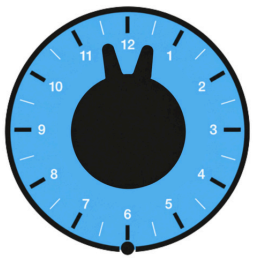
BH PUNCH VOLLEY

7:00



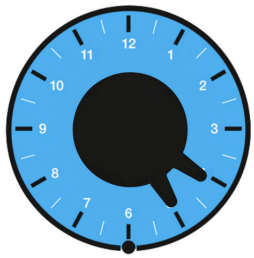
FH PUNCH VOLLEY

12:00



TOPSPIN SERVE

4:30



SLICE SERVE